



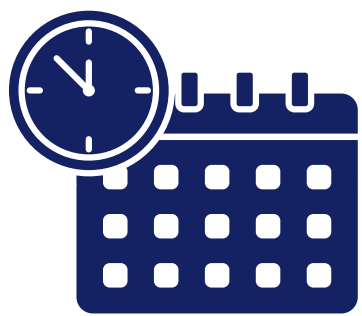
المركز الطبي الدولي  
International Medical Center



الأكاديمية  
The Academy



# Power of Now



02

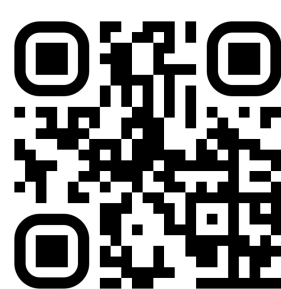
**OCTOBER, 2022**

5:00 TO 9:00 PM

(IMC Academy , Building 1)

**Register Now**

[HTTPS://WWW.IMCACADEMY.NET/SIGNUP](https://www.imcacademy.net/signup)



**For more information:**

**Telephone:** +966 9200 2 7778 then press \*, #4 then 1

**WhatsApp:** +966 5374 62897

**Email:** [academy@imc.med.sa](mailto:academy@imc.med.sa)

**Fee: 300 SR**

## Synopsis

Much can be achieved when one is present in the current moment. All stress originates from a lack of “presence;” and great achievements also accompany those that adhere to what is called “the Power of Now,” according to Eckhart Tolle. In this presentation, the thoughts of Eckhart Tolle in both “The Power of Now” and “A New Earth” will be covered in depth.

## Some of what will be learned?

- Stress will be shown to be caused by a lack of presence.
- The toxicity of the Ego and its relation to the lack in presence.
- The origins of pain
- How to achieve based on Presence.

## Speaker



**Mr. Hasan A. Fitaihi**

Learning Instructor  
International Medical Center

*Mr. Hasan A. Fitaihi graduated from Boston College with a BS in Finance in 1998, graduated from Harvard University with a Master in Public Policy (MPP) from Kennedy School of Government in 2003, and graduated from the University of London in 2008 with an MS International Politics. He worked as an Advisor to the Mayor of Jeddah, Advisor to the Minister of Labor and Advisor to Minister of Economy and Planning in Saudi Arabia. He currently holds the position of Director at International Medical Center's IMC Academy. He is also an Author and wrote four books:*

1. *“Death of Satan”*- A fantasy novel; approximately 400 pages in length, published by Raider International in 2012.
2. *“Tales from Eden: Two Tales, The Story of Aabed and When the Devil Cries”*- A fantasy novel; Approximately 170 pages; published 2014 by Strategic Book Publishing New York.
3. *“Nanny Gone Rogue”*- A drama novel; approximately 222 pages in length; published by Strategic Book Publishing, New York.
4. *“The Seeker of Truth”*- a collection of 70 Arabic articles written by him in Medina Newspaper now being published in single volume.

## Organized by:

*IMC Academy , International Medical Center*

## Follow us:

